



Silk Road Cafe
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RECIPIE from Website

Beet root salad



To serve 4 people

INGREDIENTS

- 500 gram beetroot
- 4 dl Greek yoghurt
- 1 tablespoon lemon juice
- Salt and pepper
- 1 bunch spring onion, chopped
- 1 small red onion, finely sliced
- 100 gram dried or fresh blueberries

METHOD

Boil the beetroot for approx. ½ to 1 hour. Pour cold water over them and take the peel off. Cut them into small pieces and set aside.

Mix yoghurt with lemon juice, salt and pepper.

Add the vegetables and blueberries to the dressing and make sure that your stir well.

Decorate the top with some of the blueberries and some chopped pistachios.