



Silk Road Cafe
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RECIPIE from Website

Chicken in a paprika, tarragon and cream sauce

To serve 4 people

INGREDIENTS

Step 1:

4 chicken breast cut into dices

3 table spoons olive oil

2 tea spoon mixed dried herbs

1 tea spoon paprika

1 tea spoon coarse black pepper

1 tea spoon salt

METHOD

Mix the herbs together with the olive oil and add the chicken. Place in a baking tray and cover with tin foil. Place in the oven for 1 hour at 200 degrees.

INGREDIENTS

Step 2:

1/2 litre light cooking cream

Small handful fresh tarragon

3 finely chopped cloves of garlic

Juice of 2 lemons

Pinch of salt

METHOD

Mix the ingredients in a bowl and add it to the baking tray. Place the chicken back in the oven for 10 minutes.

Serve with rice and salad